



Code Of Conduct for Swimmers
Wetherby and District Swimming Club

General behaviour

1. I will treat all members of, and persons associated Wetherby and District Swimming Club with due dignity and respect.
2. I will treat everyone equally and never discriminate against another person associated with the club on any grounds including that of age, sexual orientation, gender, faith, ethnic origin or nationality.
3. I understand that the use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the disciplinary or child welfare policies.
4. I will display a high standard of behaviour in and out of the pool at all times.
5. I will always report any poor behaviour by others to an appropriate officer or member of staff.
6. I will recognise and celebrate the good performance and success of fellow club and team members.
7. I will respect the privacy of others, especially in the use of changing facilities. I am aware that we train in a public pool and that I must be respectful to members of the public as a representative of Wetherby Swimming Club.

Training

8. I will treat my coach and fellow members with respect.
9. I will make my coach aware if I have difficulties in attending training sessions as per the rules laid down for my squad. I understand that I am expected to attend 80% of all sessions.
10. I will make my coach aware of any injuries prior to my training session so that any set modifications can be prepared. Absence from training for an injury must be in conjunction with appropriate medical advice.

11. I will arrive in good time on poolside before the training session starts to complete poolside warm up as directed by my coach.
12. I understand that if I arrive late, I must report to my coach before entering the pool. I understand that persistent late arrival may prevent me from being allowed to train.
13. I will ensure that I have all of my equipment with me, e.g. paddles, kick boards, hats, goggles, etc.
14. If I need to leave the pool for any reason during training, I will ask the permission of my coach before doing so. Toilet requests or breaks will be at the discretion of the Head Coach.
15. I will listen and engage in the training and coaching that the coach / poolside helpers provide. I will make sure my behaviour does not prevent others from training, listening or learning.
16. I will always swim to the wall as I would do in a race, and I will practice turns as instructed.
17. I will not stop and stand in the lane, or obstruct others from completing their training.
18. I will not pull on the ropes as this may injure other members.
19. I will not skip lengths or sets. I understand that to do so means I would only be cheating myself.
20. I will think about what I am doing during training, and if I have any problems, I will discuss them with my coach at an appropriate time.
21. If I have any problems with the behaviour of fellow members, I will report them at the time to an appropriate adult.
22. I will ask the Head Coach for permission in advance of a training session if I need to leave early. I understand that Saturday training is the only session that this may be an option and only to accommodate a sporting commitment. Permission will not be granted on the day.

Competitions

23. At competitions, whether they are open meets or club galas, I will always behave in a manner that shows respect to my coach, the officers, my teammates and the members of all competing organisations.
24. I understand that I will be required to enter and attend a minimum of 4 galas a year. Withdrawal/non - attendance must be discussed with the Head Coach in advance.
25. I understand that I must wear appropriate swimwear on poolside with Wetherby Swim tops/hats to identify me as a Squad member. I will report to my coach and/or team manager on arrival on poolside.
26. I will warm up before the event as directed by the coach in charge on that day and ensure I fully prepare myself for the race.
27. I will be part of the team. This means I will stay with the team on poolside.
28. If I have to leave poolside for any reason, I will inform/ get the consent of the team manager/coach before doing so.
29. After my race, I will report to my coach for feedback.
30. I will support my teammates. Everyone likes to be supported and they will be supporting me in return.
31. I will swim down after the race if possible, as advised by my coach.
32. My behaviour in the swim down facility must be appropriate and respectful to other users at all times.
33. I will never leave an event until either the gala is complete or I have the explicit agreement of the coach or team manager.

SIGNED :

PRINT FULL NAME :.....

DATE :



Swimmers Code of conduct

We are a community run swimming club committed to providing a friendly, safe and caring environment for all our members and is run entirely on a voluntary basis.

The Code of Conduct is one of the mechanisms by which this environment is achieved and states clearly the expectations of the committee and coaching team.

By signing this code of conduct, you agree to abide by it.

What happens if you breach it?

STEP 1: Informal chat with the child

STEP 2: If behaviour continues, a YELLOW CARD is issued and the Head Coach can remove you from the training session.

STEP 3: If two YELLOW cards are given to a swimmer, a RED card is then issued. Parents will be informed at this point either in person or by phone/email.

STEP 4: Two RED cards within a three month period will result in the swimmer being asked to leave the squad.

WELFARE AND SAFEGUARDING OFFICERS

Any issues or concerns, if regarding training, should be brought to the attention of the lead coach in the first instance.

If for any reason a person is uncomfortable approaching the lead coach or for any other issue unrelated to swim training then they should approach the WDSC welfare officer.

The club has two welfare officers:

Gill Davy (Email: wetherbyswimclubwelfare@gmail.com mob: 07712839370)

Richard Hollis (Email: wetherbyswimclubwelfare@gmail.com mob: 07847507585)

Please remember that all officials of the club are volunteers who give their time freely and will act in the best interest of all parties to ensure that any issues are dealt with in a professional, calm and courteous manner.

The club will not tolerate any form of abuse directed at its officials or other members.

The ASA is committed to ensuring that any child who attends an ASA organisation, event or activity will be safeguarded from harm.

Wetherby and District Swimming Club adheres to all policies and procedures in the Wavepower Document 2016-2019 and will act in accordance with these policies if concerns regarding child's safety or welfare is raised.